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सचिव

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सत्यमेव जयते



आजादी का  
अमृत महोत्सव

भारत सरकार  
Government of India  
शिक्षा मंत्रालय

Ministry of Education  
उच्चतर शिक्षा विभाग

Department of Higher Education

127 'सी' विंग, शास्त्री भवन, नई दिल्ली-110 001  
127 'C' Wing, Shastri Bhawan, New Delhi-110 001

D.O. No. 5-7/2024-PN.II

Date 22.04.2024

Dear Sir / Madam,

As you are aware, NEP 2020 focuses on promoting students' wellness such as their fitness, good health, psycho-social wellbeing, and sound ethical grounding, which is non-negotiable for high-quality learning. It further states that professional, academic and career counselling should be made available to all students, as well as counsellors to ensure physical, psychological and emotional wellbeing.

2. In this regard, various initiatives have already been taken by the Ministry and its autonomous bodies which includes initiatives like 'Manodarpan' for psychological support to the students, teachers and families for mental and emotional wellbeing; circulation of National Suicide Prevention Strategy (NSPS) in HEIs that recommends different strategies; guidelines for 'Promotion of Physical Fitness, Sports, Student's Health, Welfare, Psychological and Emotional Well-being at HEIs' to ensure equitable access to quality mental health services to all the students enrolled in HEIs etc.

3. In addition, Department of Higher Education has issued Framework Guidelines for 'Emotional and Mental Well Being of Students in HEIs', to take proactive measures to incorporate the same in their institutional functioning in order to instil feeling of confidence among student community. The framework issued by the Ministry also stipulates sensitization and capacity building programs for faculty members to create an educational environment nurturing emotional and mental wellbeing of students.

4. For this an 'Integrated Approach to Promoting Positive Mental Health, Resilience & Wellbeing in HEIs' has been conceptualized, which covers different activities to achieve the objectives of NEP, 2020. This includes capacity building program for Centrally Funded HEIs on 'Promoting Positive Mental Health, Resilience & Wellbeing' under the aegis of Malaviya Mission Teacher Training Program. The program has been designed for sustained capacity building of faculty in HEIs providing a platform for sharing of best practices and collaborating with panel of experts to focus on mental health & wellbeing of the students in HEIs. A copy of the concept note with details of the programme is annexed.

5. Accordingly, I would request all CFIs to actively participate and nominate their faculty members for the program as and when scheduled. I would also request you to nominate one coordinator for this program so as to facilitate nomination.

6. I will have an online meeting on **01.05.2024 from 2.30 – 3.00 PM** with **Dean Students' Welfare** of the Centrally Funded Institutions to discuss about the details of the program.

Regards.

Yours sincerely

(K. Sanjay Murthy)

Directors of IITs, IIMs, NITs, IIITs, IISc, IISERs, SPAs & other CFTIs  
Vice Chancellors of Central Universities