

Dr. Kalsang Wangmo

Assistant Professor
Department of Far East Languages,
Central University of Jharkhand,
Ranchi-835222, Jharkhand, India



Co-ordinator
Centre for Happiness & Holistic Well Being

Mobile: 6203908160 **E-Mail:** kalsang.wangmo@cuja.ac.in/ kalsang.w@gmail.com

Brief introduction:

Currently working as an Assistant Professor, in the Department of Far East Languages, School of Languages, Central University of Jharkhand (www.cuja.ac.in) since, 17th June, 2013.

Teaching:

1. Tibetan Language, Literature & Buddhism
1. Tibetan, English and Hindi Languages for UG-PG (AEC/MDC Paper)
2. Philosophy on Ancient Indian Wisdom & Culture
3. Introduction to the Basics of Mindfulness: Buddhist Art of Living (as SEC Paper)
4. Happiness and Well Being in Positive Psychology (SEC Paper)
5. Importance of Indian Himalayan Region (MDC Paper)

Prior to that, worked (14th July, 2008 -21st may, 2013) as an Assistant Professor (Ad-hoc), Department of Buddhist Studies, University of Delhi (www.du.ac.in). I worked (2002-2005) for PRAGYA, an NGO, Research and Development Organisation (www.pragya.org) focused on sustainable development of the Himalayan region, its marginalised communities, Conservation and Promotion of Language, Culture and its sensitive Eco-system. Managing Heritage Based Projects on Sustainable Livelihood Generation and Promoting of Eco-Tourism.

Completed doctorate (alternatively, awarded a doctorate) in Buddhist Studies (Specialisation in Tibetan Language, Literature & Buddhism) from University of Delhi (www.du.ac.in), 2008. Acquired Shastri Degree (extensive seven year course on Tibetan Language, Sanskrit Language and Buddhist Philosophy) from Central Institute of Higher Tibetan Studies (www.cihts.ac.in). Primary interest is to gain deeper understanding on the Buddhist treatment (specifically of Tibetan tradition) of mind by learning about different other perspectives on the subject and to be able to apply this to broader social phenomena such as conflict resolution, peace and social harmony.

International Academic Travel History:

1. Participated as a speaker at the workshop 'Reanimating Tibet in the Museum: Stakeholder Workshop', for the period from 17th July 2022 to 24 July 2022. as part of the **The Oxford Research Centre in the Humanities (TORCH)** Knowledge Exchange Fellowship project at the **University of Oxford, Oxford, UK.**
2. As a member, delegates for the United Nation's Day of Vesak & to participate in the Conference on '**Mindful Leadership for Sustainable Peace**', 2019 at **Hanoi, Vietnam.**
3. Presented paper in the 8th International Conference on Buddhism & Australia, History, Current and Future Directions for Buddhism in Australia-Asian Region at

University of Western Australia, Trinity College Conference Centre, **Perth, Australia**, February 7-9, 2019.

4. Attended Summer Research Institute, 13th Annual **Mind & Life Summer Research Institute** workshop, at Garrison Institute, Garrison, **New York, USA** on “People, Place and Practice; Putting Contemplative Studies into Context” June 11- 17, 2016.
5. Participated in ‘The 10th Young Scholar Symposium for the Study of Buddhism & International Conference on the Study of Buddhism’ organized by **Centre for the Study of Chan Buddhism and Human Civilization, The Chinese University of Hong Kong, Hongkong**, July 24 – 27, 2015

Articles in Journals (Published/ Accepted)

1. Wangmo, Kalsang & Ramakrishna, M & Tsetan, Stanzin, (2022), ‘Passivity to Performativity of Sacred Mountains of Je Tsongkhapa and Mahakala (Gonpo) in the Lungak Valley of Ladakh: Contemplating the Contemporaneity of Epitomes of Pareidolia (in India)’
2. Wangmo, Kalsang & Gyaltsen, Tsewang, (2021), ‘Zung gLu: The fabulous Folk Songs and Ancient Poetries of Ladakh’ in Journal of Modern Tamizh Research, (UGC-CARE list Journal), Raja Publication, Tamil Nadu, Vol.IX, No.4. October -to December2021, pp.1932-1939. ISSN:2321984X
3. Wangmo, Kalsang (2011), ‘Middle Path and Universal Responsibility: A Buddhist Perspective’ in Tibet Journal, LTWA, Dharamsala. Vol. XXXVI No. 4. Winter. pp. 3-15 ISSN 0970-5368. http://www.ltwanet.org/Collection/Journal_Tibet.html# (JSTOR)
4. Wangmo, Kalsang (2018), ‘Buddhist Perspective on Conflict Resolution’, Education Times, A peer Reviewed Journal, APH Publishing, Delhi. Vol. XII, Number-1, pp. 97-102. April, 2018 ISSN: 23198265
5. Wangmo, Kalsang. (2012), ‘14th Century Emergence of Gelug Tradition and its Significance in Revival of Buddhism in Tibetan Tradition’ – Quaterly Magazine, DIALOGUE, Volume 14 No. 2, October-December. A journal of Astha Bharathi, New Delhi. 2012, ISSN 0973-0095, 88-96.
6. Wangmo, Kalsang (2018), ‘Buddhism and Globalisation’, Education Times, A peer Reviewed Journal, APH Publishing, Delhi. Vol. XII, Number-1, pp. 97-102. April, 2018 ISSN: 23198265
7. Wangmo, Kalsang (2018), ‘Perspective and Understanding on Buddhist non-religion’, Education Times, A peer Reviewed Journal, APH Publishing, Delhi. Vol. XII, Number-1, pp. 97-102. April, 2018 ISSN: 23198265

Book Chapters (Published/ Accepted)

1. Wangmo, Dr. Kalsang & Gyaltsen, Tsewang. 2nd International Conference of CIHTS Alumni on Tibetan and Himalayan Studies, Vol. 1, “***Brief history on the emergence and spread of Ladakhi literature post Indian Independence (Actual Paper is in Tibetan script)***”, Alumni Association of CIHTS, Sarnath, Varanasi-221007 (India). Pg. 609-628, 2022, ISBN: 978-1-948203-18-0
2. Wangmo, Kalsang, (2019), ‘***Buddhist Perspective on Mindful Leadership for Sustainable Peace***’ in the book “***Mindful Leadership for Sustainable Peace***”(Eds.):Tu, Ven. Thich Nhat & Thien, Ven Thich Duc, Publisher: Hong Duc Publishing House, VIETNAM (Sponsored by United Nation (to commemorate United Nation Day of Vesaka) and published under Vietnam Buddhist Universities Series) pp. 233-246 (2019) (ISBN: 978-604-89-7926-3)

3. Wangmo, Kalsang (2019), '*The Concept of Reincarnation in Tibetan Heritage and the legacy of the 14th Dalai Lama*' (Eds.): Samten, Jampa, Dorjee, Lobsang, Dorjee, Penpa, Tendar, Sangye, Choephel, Jampa & Choeden, Pema (2019) in the book "**In Search of Truth**": **Part-II (Part-I)** Publisher: Alumni Association of CIHTS, Sarnath, Varanasi, U.P. (India). pp. 321-336 (ISBN: 978-81-936254-7-7)
- 4.. Wangmo, Kalsang (2018), '*Understanding Buddhism: An Art of Living and Philosophy of Life*', National Seminar proceeding, Central Institute of Higher Tibetan Studies, Sarnath, Varanasi.
- 5.. Wangmo, Kalsang (2016), '*Globalization and Buddhist non-religion*'. In: Das. Sanjib Kumar, ed. (2016). **Buddhist Studies: A Prospective Dimension**. ISBN: 978-93-8085-254-6
6. Wangmo, Kalsang (2016), '*Position of women in Thailand – Revisit Early Buddhism*'. In: Das. Sanjib Kumar, ed. (2016). **Bhikkhuni Sangha and Community**. Pp. 206-214 (ISBN: 978-93-8085- 256-0)
7. Tsetan, Tenzin & Wangmo, Kalsang, (2023), '*An analysis of the role of Buddhist Literature and iconography in nurturing community Well Being*', in the compilation of International Conference proceedings on "The Tenets of Buddha Dhamma and Global Well-Being:Nature, Significance and Applicability", organised by International Buddhist Confederation (IBC) and Ministry of Culture, Govt of India in collaboration with Gautam Buddha University (GBU) and Central Institute of Himalayan Culture Studies (CIHCS).
8. Wangmo, Kalsang & Ramakrishna, M.(2023), '*Health as Universal Value : A Contemporary Discourse on Buddhist Perspective of Health Healing*' in the compilation of International Conference on "The Tenets of Buddha Dhamma and Global Well-Being: Nature, Significance and Applicability", organised by International Buddhist Confederation (IBC) and Ministry of Culture, Govt of India in collaboration with Gautam Buddha University (GBU) and Central Institute of Himalayan Culture Studies (CIHCS).

Doctoral Research under my Supervision.

1. Phuntsok Dolma, Ph.D Scholar, **awarded** Doctorate degree in **2019** on "Changes in the Socio-Cultural Identity of Ladakh: An Ethno- Historical Study on Post- Colonial Ladakh"
2. Tsewang Gyaltzen, Ph.D. Scholar **awarded** Doctorate degree in **2023** on "Critical Analysis on the Emergence and Development of Ladakhi Literature".
3. Stanzin Tsetan, Ph.D. Scholar finished Pre-Ph.D. Submission in July, **2024** for Doctorate degree on "An Analytical study on the Significance and Emergence of Phukthar monastery of Lungnak valley of Zaskar, Ladakh".

Professional Development Programme

1. Orientation Programme (109th OP) from Panjab University, Chandigarh. (16-02-2016 to 14-03-2016)
2. Refresher Course in Indian Culture, Thoughts and Thinkers (ID), Centre for Professional Development in Higher Education, University of Delhi. (28th November, 2017-19th December, 2017)
3. Refresher Course in Tribal Studies (ID) , Refresher Program, North -East Hill University (NEHU), Shillong, Meghalaya. (01 -11-2021 to 16-11-2021)
4. Faculty Development Programme (FDP- QIP), Internal Quality Assurance Cell (IQAC), Central University of Jharkhand, Ranchi. (30-01-2022 to 13-02-2022)
5. ATAL Academy FDP in Robotics, Faculty Development Programmes, Central University of Jharkhand, Ranchi. (16-12-2019 to 20-12-2019)

6. NEP 2020 Orientation & Sensitisation Programme under Malviya Mission Teacher Training Programme (MM-TTP) of University Grant Commission (UGC), organised by Malviya Mission Teacher Training Centre (MMTTC), Central University of South Bihar (CUSB), Gaya in collaboration with Central University of Jharkhand (CUJ), Ranchi. (21-10-2024 to 29-10-2024) in online mode.
7. Short Term Program on Teacher Effectiveness and Professional Development (FDP) organised by Malviya Mission Teacher Training Centre (MMTTC), Indira Gandhi National Tribal University, Amarkantak from (03-02-2025 to 08-02-2025) in online mode.

Seminar/Conference/Invited Talks:

1. Presented paper on “Augmenting the Contemplation of Wisdom (Father) and Voidness (Mother): A Contemporary Reading on the Life and Legacy of Guru Padmasambhava” in the International Conference on Exploring the Life and Living Legacy of Guru Padmasambhava, organised by International Buddhist Confederation, Ministry of Culture at NavaNalanda Mahavihara, Nalanda, Bihar from 28-29 August, 2024
2. Presented paper with my Research Scholar, on “ Exploring the Heritage of Zanskar: A Pathway to Social and Economic Sustainable Development” in the ‘5th International Conference on Entrepreneurship and Business Sustainability’ jointly organised by Youth Empowerment and Research Association (India), Norbuling Rigter College (Bhutan), and the Commerce and Management Association of India, held from 3rd -5th may, 2024.
3. Attended one day Webinar on training / Orientation of Training /orientation of Faculty on Indian Knowledge System on 9th of February, 2024 organised by Malviya Mission Teacher training Centre, NEHU, Shillong.
4. Attended one day Webinar on “Conferment of Autonomous Status upon Colleges and Measures for Maintenance of Standards in Autonomous Colleges” on 12th of February, 2024 organised by Malviya Mission Teacher Training Centre, NEHU, Shillong
5. Participated in one-week literary workshop on Language, Indigenous Intellectual Heritage, and Sustainable Well-being organised by Centre for Endangered Languages in collaboration with School for the Study of Culture & School of Languages, held from 4th to 8th March, 2024.
6. Participated in the workshop on ‘collecting stories under digital district repository project of azadi ka Amrit Mahotsav’ organised by Centre for Cultural Resources and Training in collaboration with Central University of Jharkhand, Ranchi from 21 to 22 March, 2024.
7. Presented paper on “Health as Universal Value: A contemporary Discourse on Buddhist Perspective of Health and Healing” in International Conference on “The Tenets of Buddha Dhamma and Global Well-Being: Nature, Significance and Applicability” organised by Gautam Buddha University, Noida, Central Institute of Himalayan Culture Studies, Arunachal Pradesh & International Buddhist Confederation, Sponsored by Ministry of Culture, Govt of India. From 28th-30th October, 2023, GBU Auditorium greater Noida, U.P.
8. Presented paper with my Research Scholar on “Analysis of the role of Buddhist Literature & Iconography” in International Conference on “The Tenets of Buddha Dhamma and Global Well-Being: Nature, Significance and Applicability” organised by Gautam Buddha University, Noida, Central Institute of Himalayan Culture Studies, Arunachal Pradesh & International

Buddhist Confederation, Sponsored by Ministry of Culture, Govt of India. from 28th-30th October, 2023, GBU Auditorium greater Noida, U.P.

9. Session Chaired at the International Conference on “The Tenets of Buddha Dhamma and Global Well-Being: Nature, Significance and Applicability” organised by Gautam Buddha University, Noida, Central Institute of Himalayan Culture Studies, Arunachal Pradesh & International Buddhist Confederation, Sponsored by Ministry of Culture, Govt of India. from 28th-30th October, 2023, GBU Auditorium greater Noida, U.P.
10. Invited delegate at Global Buddhist Summit, Inaugurated by the Honourable Prime Minister of India, organised by International Buddhist Confederation from 20th- 21st April, 2023 at Hotel Ashoka, New Delhi. The Theme was “Responses to Contemporary Challenges from Philosophy to Praxis”.
11. Attended the 3 days Workshop on ‘Academic and Administrative Audit ‘ organised by Internal Quality Assurance Cell (IQAC) in Central University of Jharkhand, Ranchi, held during 11-13th December, 2023.
12. Invited Speaker on Symposium on ‘Contemporary Readings in Literature, Arts and Aesthetics’ in National Virtual Conference held on 16-18, December, 2022, Jointly Organized By CISDR-TENKASI , KANCHI SRI KRISHNA COLLEGE OF ARTS & SCIENCE (Kilambi, Tamil Nadu) , ASIA YOUNG INDIGENOUS PEOPLES NETWORK (Ranchi/Philippines) , ALL INDIA FOLKLORE ASSOCIATION (New Delhi), DEPARTMENT OF ENGLISH, MOREH COLLEGE (Moreh, Manipur), KARNATAKA FOLKLORE ASSOCIATION (Mysore, Karnataka), DEPARTMENT OF ENGLISH SOUTH EAST MANIPUR COLLEGE (Manipur), VISUAL ANTHROPOLOGY RESEARCH FOUNDATION (Mysore, Karnataka), RUMBUL (Ranchi) CISDR (Tenkasi)
13. Attended a workshop on Reanimating Tibet in the Museum: Key Stakeholder Workshop and shared valuable insight on community- based museum methodologies held at Oxford University, United Kingdom of Britain, organised by TORCH (The Oxford Research Centre in the Humanities) and India- Oxford Initiative, from 18-22 July, 2022.
14. Presented a paper “ Is There an End to the Violence against the Depressed and the Marginalised Population in India?” at the first Asian Captivating Criminality conference of the International Crime Fiction Association (ICFA) organised in cooperation with the gothic in Asia Association (GAA) and the BALAC Programme of the Faculty of Arts, Chulalongkorn University , Thailand held online from 2-4 march, 2023.
15. Presented paper “ A study on the Current State of Language, Livelihood and Cultural Heritage of Ladakh” in the International Seminar on Revisiting Janjatiya Gaurav: A legacy of language, Culture and Civilisation held from 14-16th November, 2022 organised by centre of Endangered Languages & DATS, CUJ.
16. 3rd International Webinar (IWBS) on ‘Global Well-Being and the Tenets of Ancient Indian Traditions with Reference to Buddhism’ Presented a paper on ‘Understanding of Wellbeing in Context to Basic Principles of Buddhism ’ at School of Buddhist Studies and Civilization, Gautam Buddha University, Greater Noida, from 9 -11. July, 2020 (Through online mode)
17. Two days International Webinar on ‘Current Issues and Trends in Foreign Language Teaching amidst the Changes in Geopolitical Scenario of East and South Asia’ Presented a paper on ‘Challenges in the changing Scenario of teaching Foreign Languages’. Organizing Member , Department of Far East Languages, Central University of Jharkhand, Ranchi During 16-17 July 2020 (Through online mode)
18. One of panel Discussant in Webinar Lecture on ‘Reimagining Economic Life in contemporary world: Gandhian Notion on Trusteeship and Self Reliance’ Gandhi Study Circle, Kalindi College, University of Delhi 29th September, 2020 (Through online mode)

19. International Webinar on 'Covid-19 impacts and implications on Environment' Participation, organised by Department of Environmental Sciences, Central University of Jharkhand, 11th August, 2020 (Through online mode)
20. Attended Two days International Webinar on 'India in the Indo-Pacific: Interests, Challenges and Prospects', Organised by Department of Politics & International Relations, Central University of Jharkhand, from October 14-15, 2020 (Through online mode)
21. 14th RASK International Interdisciplinary Webinar on "Challenges and Future Prospect under Act East Policy and New Southern Policy in South Asia", Presented paper on 'An aspect of Buddhism in Act East Policy'. & Organizing Member, 14th RASK (Researchers Association for the Study of Korea) with The Centre for Korean Studies, Jamia Millia Islamia University. In collaboration with Deptt of Far East Languages, CUJ from 6th & 7th November, 2020 (Through online mode)
22. One Day Webinar on "Culture and Health: Exploring Resilience in Tribal India". Organised by Department of Tribal Studies, CUJ on August 9th, 2020. (Through online mode)
23. Joint Paper Presentation with Research Scholar, Ms. Heena Thakur in Purvottara Buddha Mahotsava- A Festival of North-East India at Nava Nalanda Mahavihara (Deemed to be University), Nalanda, Bihar from 26th -28th February, 2019, Paper titled " The impact of Buddhism on Natural Resource Management in Arunachal Pradesh, the North East of India".
24. Presented paper on 'Buddhist Perspective on Mindful Leadership for Sustainable Peace' in the International Buddhist Conference on "Buddhist Approach to Global Leadership and shared Responsibility for Sustainable Societies" at Ha Nam Province, Veitnam from 12th -14th May, 2019
25. Presented paper on 'Buddhism, a dominant aspect of Korean Cultural History' in the International Interdisciplinary Conference (IIC) on "Emerging Trends in Korean Studies in India: An Inter-Disciplinary Perspective" at Central University of Jharkhand, Brambe, Ranchi 5th -6th July, 2019.
26. Presented paper in the International Conference on 'Tibetan and Himalayan Studies' at Central Institute of Higher Tibetan Studies, Sarnath, Varanasi, UP from 9th -11th November, 2019
27. Chaired PANEL-3 (History & Allied Topics) in the International Conference on 'Tibetan and Himalayan Studies' at Central Institute of Higher Tibetan Studies, Sarnath, Varanasi, UP. From 9th -11th November, 2019.
28. Paper Presentation in International Conference on "Buddhism and Australia" at the University of Western Australia, Trinity College, Perth, Australia from 7-9th February, 2019. Speaker on Topic: "Demystifying the notion of Re-incarnation through the Life and Legacy of the 14th Dalai Lama".
29. Paper Presentation in National Seminar on "Buddhist Studies" organised by Central Institute of Higher Tibetan Studies, Sarnath, Varanasi, (U.P.) from 17-19th December, 2018 Speaker on Topic: "Understanding Buddhism: an Art of Living and Philosophy of Life"
30. Paper Presentation in National Seminar on 'Role of Teachers in Quality Education' organised by Deptt. of Education, School of Education, CUJ, at Central University of Jharkhand, Ranchi from 18th September, 2018. Speaker on Topic: "Qualities of Effective Teaching".